

## **ST. THOMAS MORE BASKETBALL INFORMATION and FAQ's**

**Q: When are Tryouts?**

**A: November 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup> (Tuesday – Thursday)**

- **Boys Tryouts run from 3:00 – 4:30pm each day**
- **Girls Tryouts run from 5:00 -6:30pm each day.**

**\*It is encouraged to attend all 3 tryout days. If you can't make it to one of the dates for some reason please contact Mr. Tyll**

**([dtyll@stmcsnc.org](mailto:dtyll@stmcsnc.org))**

**\*Tryouts are closed to parents.**

**\*Team selections will be finalized and posted on the STM website on the athletics page by Friday evening and those on the roster should report to the first practice Monday, Nov. 13<sup>th</sup> at his/her designated team time.**

**Q: Who can Tryout?**

**A: All interested 6<sup>th</sup> – 8<sup>th</sup> grade girls and boys**

**Q: How many teams and how many spots?**

**A: We have 4 teams –**

- **JV Girls – 12 spots consisting of 6<sup>th</sup> and 7<sup>th</sup> graders**
- **JV Boys – 12 spots consisting of 6<sup>th</sup> and 7<sup>th</sup> graders**
- **Varsity Girls – 12 spots consisting of 7<sup>th</sup> and 8<sup>th</sup> graders**
- **Varsity Boys – 12 spots consisting of 7<sup>th</sup> and 8<sup>th</sup> graders**

**\*6<sup>th</sup> graders can't play on Varsity teams and 8<sup>th</sup> graders can't play on JV teams.**

**\*In the past we have had 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> graders who were not selected for the teams, so it's always best to have a backup plan if your child is truly interested in playing basketball somewhere (YMCA, Woodcroft, Chapel Hill and Durham Parks and Rec., etc.).**

**Q: What are the Game and Practice schedules?**

**A: Please see schedule sheets below and STM Calendar (website: [www.stmcsnc.org](http://www.stmcsnc.org)).**

**\*Each team has 14 games, mainly on Tuesdays and Thursdays (Girls at 4:15 and Boys at 5:45).**

**\*Varsity teams will have 2 additional tournaments/events at the end of the regular season.**

**\*Practices are Mondays – Thursdays, on days with no games (see sheet for exact times).**

**\*Once the season starts, there will be 4-5 days of involvement and commitment to STM Basketball (including open gyms on Fridays from 3:00-4:00pm after school for all 4<sup>th</sup>-8<sup>th</sup> graders).**

**Q: Who do we play?**

**A: We are a member of the Triangle Catholic Schools Athletic Conference (TCSAC).**

**League Teams:**

- 1. Cathedral Knights – Raleigh**
- 2. Immaculata Eagles – Durham**
- 3. Our Lady of Lourdes Lions – Raleigh**
- 4. St. Francis Timberwolves – Raleigh**
- 5. St. Mary Magdalene Monarchs – Apex**
- 6. St. Michael Archangels – Cary**
- 7. St. Raphael Guardians – Raleigh**
- 8. St. Thomas More Knights – Chapel Hill**

**\*Parents are responsible for transportation to AWAY games.**

**Q: What requirements are needed to tryout/play this season?**

**A: A sports physical needs to be filed with the Athletics Department for a student-athlete to participate in basketball. Physicals are good for 1 year, so a previous physical from a summer camp is accepted. (Please see Mr. Tyll for further details or questions)**

**\*An Athletics fee of \$80.00 will be billed to your FACTS account for the season. This helps with the operating costs of the season, such as paying officials and equipment maintenance.**

**\*Additional fees may occur, such as team items and tournament costs for varsity team members (i.e. Annual Shamrock Tournament in Charlotte, NC).**

**Q: How can I help?**

**A: There are many opportunities to help the teams, including the following:**

**\*Coaches/Assistant coaches (if needed). This year, we are seeking help for our JV Girls and JV Boys teams in the positions of head and assistant coach. (Please contact Mr. Tyll if interested.)**

**\*Scorebook**

**\*Clock/Scoreboard**

**\*Team Parents to supervise players (Girls teams) before home games.**

**\*Volunteer to run study hall after school before games/practices from 3-4:15pm.**

**GOOOOOO KNIGHTS!**

## **STM MASTER BASKETBALL PRACTICE SCHEDULE**

**\*Practices start Monday, November 13, 2017.**

### **JV Girls (6<sup>th</sup> & 7<sup>th</sup>)**

**Mondays, 4:15 – 5:30pm**

**Tuesdays, 4:15 – 5:30pm**

**Wednesdays, 4:15 – 5:30pm**

**Thursdays, 4:15 – 5:30pm**

### **JV Boys (6<sup>th</sup> & 7<sup>th</sup>)**

**Mondays, 3:00 – 4:15pm**

**Tuesdays, 3:00 – 4:15pm**

**Wednesdays, 3:00 – 4:15pm**

**Thursdays, 3:00 – 4:15pm**

**\*JV PRACTICE SCHEDULES MAY SWITCH, BASED ON COACHES AVAILABILITY. JV Girls may take the 3-4:15 slot and Boys may take the 4:15-5:30 slot.**

### **Varsity Girls (7<sup>th</sup> & 8<sup>th</sup>)**

**Mondays, 7:00 – 8:30pm**

**Tuesdays, 7:00 – 8:30pm**

**Wednesdays, 7:00 – 8:30pm**

**Thursdays, 7:00 – 8:30pm**

### **Varsity Boys (7<sup>th</sup> & 8<sup>th</sup>)**

**Mondays, 5:30 – 7:00pm**

**Tuesdays, 5:30 – 7:00pm**

**Wednesdays, 5:30 – 7:00pm**

**Thursdays, 5:30 – 7:00pm**

- **Thanksgiving Break: November 21<sup>st</sup> – 24<sup>th</sup>**  
    **No Practices or Games**  
    **Resume on Monday, November 27<sup>th</sup>, 2017.**
- **Special KNIGHT Event, with Orange County Special Olympics:**
  - **Date, Time, and Location TBD**
- **Christmas Break: December 20<sup>th</sup>, 2017 – January 2<sup>nd</sup>, 2018.** Classes resume 1/3/18.

### **GENERAL INFORMATION**

**ALL information is located at [www.stmcsrc.org](http://www.stmcsrc.org) under athletics link.**

**If changes are made to the schedule, the web site will be updated and players and families will be informed – Keep Checking!**