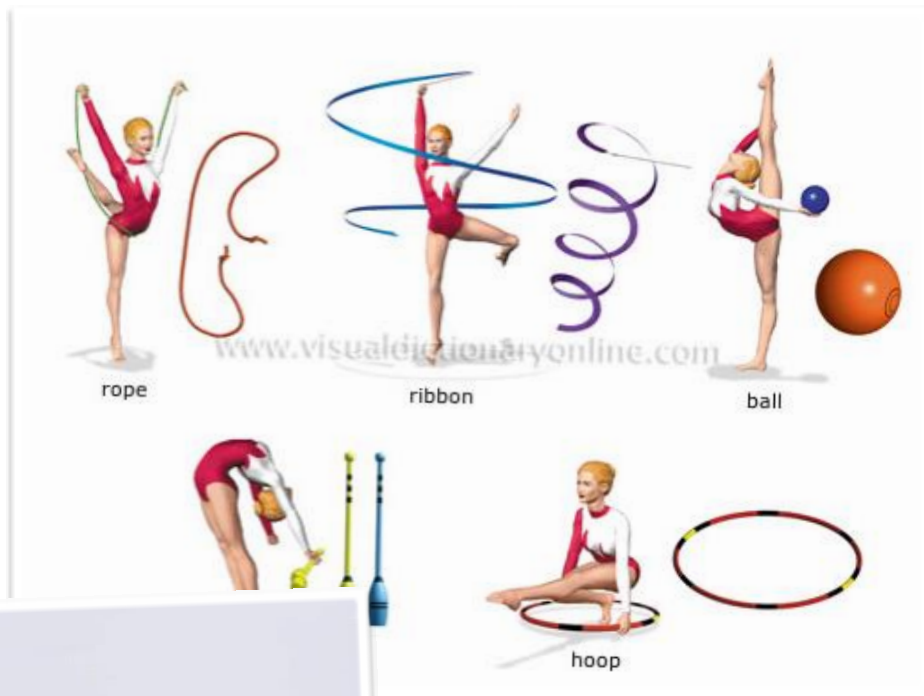


# Rhythmic Gymnastic

## Sport Camp for Girls

July 3rd-July 7th and July 10th-July 14th, 2017



## **INTRODUCTION**

**In order to enroll your child in the Camp you must fill and sign the following form and bring it back to Beatrice Ruggeri's mail box in the Lower School's teachers lounge with the check for the Camp payable to St. Thomas More School.**

**Rhythmic Gymnastic is a very well know technique of gymnastic that requires the use of specific apparatus such the Ball, the Hoop, the Clubs, the Ribbon, the Rope and the Floor.**

**It requires flexibility, balance, harmony and coordination.**

**During the Camp, young athletes will train all these skills and they will work on routines and choreographies with music to show at the end of each camp.**

**This Camp is opened only to girls from 6th to 12th years old and it runs from 8.30am to 12.30pm in the Friends and Family Hall in St. Thomas More Church.**

**Participants must bring their own snacks and water and must wear comfortable sport clothes. No special shoes are required.**

## INFO AND REGISTRATION FORM

In order to enroll your child in the Camp you must fill and sign the following form and bring it back to Beatrice Ruggeri's mail box in the Lower School's teachers lounge with the check for the Camp payable to St. Thomas More School.

Spaces are limited to 12 student, first come first served.

Child's name \_\_\_\_\_ class \_\_\_\_\_

Guardians name \_\_\_\_\_

email \_\_\_\_\_

phone \_\_\_\_\_

Full Day Camp option \$250 \_\_\_\_\_

Half Day option \$ 125 \_\_\_\_\_

(check the option)

Emergency contact:

name \_\_\_\_\_ phone \_\_\_\_\_

email \_\_\_\_\_

**Payment is nonrefundable and must be made in full for each session.**

### WAIVER OF LIABILITY AND CONSENT TO MEDICAL ATTENTION

I approve of my child's participation in all class activities, with the understanding that such activities carry with them an inherent risk. I hereby agree that I hold Beatrice Ruggeri, St. Thomas More and any person(s) affiliated with the Summer camp, harmless of any injury, loss, damage, and any and all liability regardless of circumstance while my child is in their care.

I further agree that in the event of an emergency I give permission for medical attention or treatment to be administered to my child by a qualified medical professional. I acknowledge that injuries deemed minor by any staff may be treated on site with first aid practices.

GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_