

ST. THOMAS MORE BASKETBALL INFORMATION and FAQ's

Q: When are Tryouts?

A: November 7th, 8th, and 9th (Monday – Wednesday)

- **Girls Tryouts run from 3:00 – 4:30pm each day**
- **Boys Tryouts run from 5:00 -6:30pm each day.**

***It is encouraged to attend all 3 tryout days. If you can't make it to one of the dates for some reason please contact Mr. Tyll**

(dtyll@stmcsnc.org)

***Tryouts are closed to parents – Thank you.**

***Team selections will be finalized and posted on the STM website on the athletics page by Wednesday evening and those on the roster should report to the first practice Thursday, Nov. 10th at his/her designated team time.**

Q: Who can Tryout?

A: All interested 6th – 8th grade girls and boys

Q: How many teams and how many spots?

A: We have 4 teams –

- **JV Girls – 12 spots consisting of 6th and 7th graders**
- **JV Boys – 12 spots consisting of 6th and 7th graders**
- **Varsity Girls – 12 spots consisting of 7th and 8th graders**
- **Varsity Boys – 12 spots consisting of 7th and 8th graders**

***6th graders can't play on Varsity teams and 8th graders can't play on JV teams.**

***In the past we have had 6th, 7th, and 8th graders who were not selected for the teams, so it's always best to have a backup plan if your child is truly interested in playing basketball somewhere (YMCA, Woodcroft, Chapel Hill and Durham Parks and Rec., etc.).**

Q: What are the Game and Practice schedules?

A: Please see schedule sheets below and STM Calendar (website: www.stmcsnc.org).

***Each team has 14 games, mainly on Tuesdays and Thursdays (Girls at 4:15 and Boys at 5:45).**

***Varsity teams will have 2 additional tournaments/events at the end of the regular season.**

***Practices are Mondays – Thursdays, on days with no games (see sheet for exact times).**

***Once the season starts, there will be 4-5 days of involvement and commitment to STM Basketball (including open gyms on Fridays from 3:00-4:30pm after school for all 4th-8th graders).**

Q: Who do we play?

A: We are a member of the Triangle Catholic Schools Athletic Conference (TCSAC).

League Teams:

- 1. Cathedral Knights – Raleigh**
- 2. Immaculata Eagles – Durham**
- 3. Our Lady of Lourdes Lions – Raleigh**
- 4. St. Catherine Sienna Wildcats – Wake Forest**
- 5. St. Francis Timberwolves – Raleigh**
- 6. St. Mary Magdalene Monarchs – Apex**
- 7. St. Michael Archangels – Cary**
- 8. St. Raphael Guardians – Raleigh**
- 9. St. Thomas More Knights – Chapel Hill**

***Parents are responsible for transportation to AWAY games.**

Q: What requirements are needed to tryout/play this season?

A: A sports physical needs to be filed with the Athletics Department for a student-athlete to participate in basketball. Physicals are good for 1 year, so a previous physical from a summer camp is accepted. (Please see Mr. Tyll for further details or questions)

***An Athletics fee of \$80.00 will be billed to your FACTS account for the season. This helps with the operating costs of the season, such as paying officials and equipment maintenance.**

***Additional fees may occur, such as team items and tournament costs for varsity team members (i.e. Annual Shamrock Tournament in Charlotte, NC).**

Q: How can I help?

A: There are many opportunities to help the teams, including the following:

***Coaches/Assistant coaches (if needed). This year, we are seeking help for our JV Girls and JV Boys teams in the positions of head and assistant coach. (Please contact Mr. Tyll if interested.)**

***Scorebook**

***Clock/Scoreboard**

***Team Parents to supervise players (Girls teams) before home games.**

***Volunteer to run study hall after school before games/practices from 3-4:15pm.**

GOOOOOO KNIGHTS!

STM MASTER BASKETBALL PRACTICE SCHEDULE

***Practices start Thursday, November 10, 2016.**

JV Girls (6th & 7th)

Mondays, 4:15 – 5:30pm

Tuesdays, 4:15 – 5:30pm

Wednesdays, 4:15 – 5:30pm

Thursdays, 4:15 – 5:30pm

JV Boys (6th & 7th)

Mondays, 3:00 – 4:15pm

Tuesdays, 3:00 – 4:15pm

Wednesdays, 3:00 – 4:15pm

Thursdays, 3:00 – 4:15pm

***JV PRACTICE SCHEDULES MAY SWITCH, BASED ON COACHES**

AVAILABILITY. JV Girls may take the 3-4:15 slot and Boys may take the 4:15-5:30 slot.

Varsity Girls (7th & 8th)

Mondays, 5:30 – 7:00pm

Tuesdays, 5:30 – 7:00pm

Wednesdays, 5:30 – 7:00pm

Thursdays, 5:30 – 7:00pm

Varsity Boys (7th & 8th)

Mondays, 7:00 – 8:30pm

Tuesdays, 7:00 – 8:30pm

Wednesdays, 7:00 – 8:30pm

Thursdays, 7:00 – 8:30pm

- **Thanksgiving Break: November 23rd – 27th
No Practices or Games
Resume on Monday, November 28th, 2016.**
- **Special KNIGHT Event: Date and Time TBD in the STM Gym**
- **Christmas Break: December 22nd, 2016 – January 2nd, 2017. Classes resume 1/3/17.**

GENERAL INFORMATION

ALL information is located at www.stmcsnc.org under athletics link.

If changes are made to the schedule, the web site will be updated – Keep Checking!